

# SDG8 Future of Fashion

## MM4: Fashion Design Skills



### MM4: Fashion Design Skills

#### Exploration and Experimentation

#### Lesson 5: Make Your Mark!

**Subjects: Art, Climate Action and Sustainable Development, Design, Enterprise, Home Economics, Maths, Science**

#### Lesson Title and Summary: Make Your Mark!

In this lesson learners will begin a creative sustainable fashion project, with all the skills in place to imagine and create their own regenerated clothing and there are no rules.

Within the space of making, learners have the ability to problem-solve, take risks, co-create and be liberated from the closed garments of the fast fashion world. A garment that is worked on in this way gains value, is open, without restrictions and forges connection.

#### Vocabulary: Create, Customise, Imagine, Regeneration, Repurpose

#### In this lesson, the learner will:

- use the knowledge gained from the previous lessons to customize their chosen garment or garments.
- research other DIY practitioners to get inspiration.
- work together to problem solve.
- consider the design process with empathy, practicality and imagination.
- use new-found skills to up-cycle an existing garment and create a garment or garments with cherishability.

#### Materials

- Worksheet: My Creativity Knows No Limits!
- Garments from the clothes swap
- Pre-loved garments found at the charity shop.
- Mood-boards from module 1
- Worksheet MM3: Mood Boards
- All Materials from lesson 3 in this module
- Pencils erasers and paper for drawing if needed.
- Internet access

**9** INDUSTRY, INNOVATION AND INFRASTRUCTURE



**10** REDUCED INEQUALITIES



**12** RESPONSIBLE CONSUMPTION AND PRODUCTION



**17** PARTNERSHIPS FOR THE GOALS



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## Lesson 5: Make Your Mark!



### ACTIVITY INSTRUCTIONS

#### Activity 1: 'My creativity knows no limits' (50min)

1. Set the room up as in lesson 3 (Divide the room into small work tables in a circle with 2-4 learners working on each table)
2. In the middle of the room create 2 tables of tools and materials keeping them close to the learners tables (to encourage the learners to meander between the tables and interact with one another.)
3. With all materials in the centre, ask the learners to sit 3 or 4 per table around the materials/tool tables.
4. Have the learners work with their mood-boards from MM3: as inspiration.

*NB: If the learners have not completed MM3 and the mood board exercise, undertake this lesson in advance of this lesson.*

5. Alternatively, they can look at Pinterest boards for ideas and inspiration see also lesson 3 for useful links.
6. Research some up-cycling and customisation images and tutorials
7. Make a rough drawing of the projected customisation of the garment/ garments.
8. Document the before during and after progress.

Finally, remind students to have fun, be creative and be adventurous!

### REFLECTIVE EXERCISE: 3-2-1

- Three things they feel they have learnt from the exercise
- Two things they found most interesting and would like to explore more
- One – their opinion they have about the site / exercises

Use Post-its or a mentimeter survey - [www.mentimeter.com](http://www.mentimeter.com) - to gather reflections

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### EXTENSION / REDUCTION ACTIVITIES:

**Reduction:** For a shorter lesson, as this is an ongoing project, if the learners have less time to work on their garment customization, encourage them to bring parts or all of their individual projects home with them to work on while at home.

**Extension:** For a longer lesson, learners can continue working on their projects

**Option B:** watch the video Gravitas Plus and discuss how pre-loved / upcycled clothing could make a difference to some of the statistics shared in the video.

**Option C:** If not already engaged consider the Junk Kouture project - <https://junkkouture.com/educator/> this could be linked to the sustainable development goals and speculative design e.g. designing for issues we will face by being resourceful

### MEDIA BOX: (materials, online video links, extra resources, case studies etc)

See Teacher's Guide: Links

Gravitas Plus: Fashion houses say they are sustainable. They are lying [9:18 mins]  
<https://www.youtube.com/watch?v=EcgAtFRpdUI>

Junk Kouture Masterclasses: ten-episode collection of deep dives, exploring a range of current topics across climate change, leadership, mental health and more that could be linked to this module or a Junk Kouture project.

### Local Trip / Expertise / Additional Work and Assessments

Encourage the students to continue to design process even when at home and going about their day. Continue to visit and revisit charity shops, sewing and craft shops. Talk to the staff of your local sewing shop or charity shops and ask for advice.

Develop a skill share repository, encourage learners to ask older members of their family about making, mending and fixing clothes, gather their stories and their skills. Learners could also research this at their local library or visit the Schools Folklore Collection or reach out to NCAD Fashion Department. <https://www.ucd.ie/folklore/en/collections/schoolscollectionduchas/>

Continue the glossary, giving each student one or two words to research and define in one sentence:

- Create, Customise, Imagination, Regeneration, Repurpose.



## Patches:

- <https://www.pinterest.ie/search/pins/?q=hand%20sewn%20patches&rs=typed>
- <https://www.pinterest.ie/craftjamco/hand-embroidered-patches/>

## Sew a patch:

- How To: Hand made patch [2:55 min] <https://youtu.be/exaRooWNe3M>
- How To Make A Patch | DIY Handstitched Patch [3 minutes 29] [https://youtu.be/Dm-\\_Zp4UHzi](https://youtu.be/Dm-_Zp4UHzi)

## Mending:

- <https://www.pinterest.ie/search/pins/?q=hand%20sewn%20mending&rs=typed>

## Needle Felting:

- <https://www.pinterest.ie/search/pins/?q=hand%20felting%20holes&rs=typed>

## Upcycling

- <https://www.pinterest.ie/search/pins/?q=hand%20sewn%20upcycled%20T-shirts&rs=typed>
- Denim <https://www.pinterest.ie/search/pins/?rs=ac&len=2&q=upcycling%20denim%20jeans&eq=upcycling%20denim&etslf=8982>

## Embellishing:

- Sequins [15:00min] <https://www.youtube.com/watch?v=Vn4BC4e15Vc>
- Upcycle a Denim jacket [15:52 min] <https://youtu.be/e6HvY4U9nS4>

## Some t-shirt hacks:

- Jenn T-shirt up styling cutting [3:55 min] <https://www.youtube.com/watch?v=mYM0vyqIYSc>
- No Sew Old T-shirt to tote bag [1:40 min] [https://youtu.be/M3j1BO\\_01z0](https://youtu.be/M3j1BO_01z0)
- Colour block t-shirts [0:40s] Very simple sewing and scissors <https://www.youtube.com/shorts/YavES2GIUb0?feature=share> (40 seconds)
- Easy T-shirt dress - scissors only [11:56] <https://www.youtube.com/watch?v=QNOF1w5jDIY>
- 3 cut out T-shirt ideas [4:00 min] <https://www.youtube.com/watch?v=D6fFLGW-0HE>
- Some T-shirt projects with simple sewing [1:00 min] <https://www.youtube.com/shorts/Dab-L-QsRSY?feature=share>
- Make t-shirt yarn [7:00 min] [https://youtu.be/0fLfZHA7wFg?list=PL2vt\\_TPKQbZo5gs9BxIXkgCyGFfwHpose](https://youtu.be/0fLfZHA7wFg?list=PL2vt_TPKQbZo5gs9BxIXkgCyGFfwHpose)

## Something a little more challenging:

- Sweater Refashion + use your scraps [23:00 min] <https://www.youtube.com/watch?v=luELpkm1nXg>
- 5 easy sewing projects in 15 mins (15:00 min) <https://www.youtube.com/watch?v=dPH2EysPMmc>